Endodontic treatment, replacement and permanent cementation of full ceramic CAD/CAM crown in one visit

Clinical case

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Introduction

One-visit dentistry is becoming more and more popular among patients nowadays. The reasons behind are various – lack of time due to work, unwillingness to come several times, parking issues, and many others. A rising demand for treatment that includes as few steps as possible is becoming a strong trend among patients. In some cases, all that needs to be done is acquire more knowledge on endodontic treatments, a suitable rinse protocol and usage of FRC pins. As far as the prosthetic work is concerned, modern chairside CAD/CAM systems allow to achieve a very endodontic, permanent cementation of full ceramic crown, using MyCrown.

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References


Aesthetic rehabilitation and tissue preservation in the anterior region

By Dr Jan-Frederik Güth & Hans-Jürgen Stecher, Germany

While there are often several adequate prosthetic treatment options to choose from for one single case, there are some cases where none of the proven solutions seems to be perfectly suitable. The prosthodontist and his team have to balance the pros and cons for each available option – they have to decide which treatment is best suited to fulfill the needs of the specific patient. This was the case with a 16-year-old female patient who presented at the Department of Prosthodontics of the Ludwig Maximilians University of Munich, Germany in 2015. An orthodontic treatment had just been completed and a further prosthetic rehabilitation was required.

Background

At the age of 10, the patient had suffered an anterior tooth trauma with avulsion and replantation of the maxillary central incisors (teeth 11 and 21). The tooth 21 had received an endodontic treatment. This fact significantly limited the prosthetic options and had a negative effect on the prognosis of this tooth. The developmental stage of the cervical vertebrae assessed by the orthodontist using lateral cephalometric radiographs revealed that only minimal transversal and horizontal growth was still to be expected for this patient. Due to this fact and the unfavourable prosthetic value of the abutment teeth, the prosthodontic team – in consultation with the patient – decided to place an all-ceramic adhesive bridge with two wings bonded to teeth 12 and 22. The aim of this treatment was to postpone the placement of implants as long as possible in order to ensure that the patient was fully grown when this intervention was carried out. By use of a fixed restoration, the team strived for the best possible support and preservation of the surrounding soft and hard tissues.

First steps

After removal of the fixed orthodontic appliances, the direct restorations of the maxillary lateral incisors were replaced by new composite restorations. Tooth preparation had already been carried out on these teeth to place the former metal-ceramic bridge. Hence, it was not necessary to remove large amounts of additional tooth structure; however, the existing palatal preparations required refinement. Subsequently, gingiva management was carried out with retraction paste. An impression was taken with the 3M True Definition Scanner and uploaded to the 3M Connection Center. The patient received a removable interim prosthesis.

Laboratory procedure

In the dental laboratory, the digital impression file was downloaded, a physical model ordered and the data set imported into the Zfx CAD-Software for the design of the adhesive bridge framework.

The bridge was designed in full contour. The recommended parameters (minimum wall thickness, connector strength etc.) for the selected material – 3M Lava Plus High-Translucency Zirconia – were entered into the software. Then, the bridge was automatically reduced to the framework (Fig. 6). This procedure is beneficial in that it provides for a uniform strength and optimal support of the veneering porcelain. The framework was rolled, thinned out at the margins using a fine diamond rubber polish, individualized with dyeing liquids, and sintered. The precise fit of the wings to the palatal tooth surfaces was confirmed on the model before the porcelain layering was performed (Fig. 7). Figure 8 shows the situation at the biscuit bake try-in.

Finally, the adhesive bridge was finished and grinded. On the model, a highly accurate fit was obtained (Fig. 9), and the restoration showed a natural appearance (Fig. 10). This is in part due to the high translucency of the framework material (Fig. 11).